



PHYSICAL EDUCATION

Teacher: Mr Schweda

Physical Education is the most effective means of providing all students with the skills, attitude, values, knowledge and understanding for lifelong participation in society.

Hello and Welcome to the Phys-Ed

Program for 2020!

All students from Pre Primary up to Year 6 will be undertaking 1 hour of PE with a specialised teacher every week. We are going to be working on Fundamental movement skills such as running, jumping, balancing and many more in the junior years and will expand on that knowledge and increase the complexity in a variety of sports in the upper years.

Students from Year 1 to Year 6 will take part in the TRPS Cross Country Carnival (Term 2) and Faction Carnival (Term 3). Our Year 5 and 6 students will also represent Two Rocks PS at the Winter Carnival (Term 2) and Teeball Carnival (Term 4).

Please remember that all students in taking part in PE lessons, are required to wear appropriate footwear and have a drink bottle with them.

Sports lessons will also encompass good sportsmanship and encouragement, and will be designed to include and involve everyone!

